

CICIL

NEWSLETTER



Fall 2025

www.cicil.org

**The Central Iowa
Center for Independent
Living (CICIL) is a
community-based,
nonprofit organization
dedicated to
empowering people
with disabilities to
control their lives and
participate fully in and
integrate with their
community.**



THE NEWS

Welcome to the first issue of the CICIL newsletter. We are excited to bring you all the information on exciting news and events that will be happening at CICIL.

CICIL Hours of Operation:

OFFICE:

Monday 9:00-4:00
Tuesday 9:00-4:00
Wednesday 9:00-4:00
Thursday 9:00-4:00
Friday 9:00-4:00

CONNECTION CENTER:

Monday 10:00-4:00
Tuesday Open for events only
Wednesday 10:00-4:00
Thursday Open for events only
Friday 10:00-4:00

Who We Are

Our guiding principle at CICIL is the belief that the entire community benefits when all citizens live with self-reliance and dignity.

CICIL works side-by-side with individuals - assisting each to achieve their personal goals in the following seven counties: Boone, Dallas, Jasper, Marion, Polk, Story, and Warren.

Five Core Services

Information and Referral | Transition |
Independent Living Skills | Systems
Advocacy | Peer Support | Supported
Employment Benefits Planning

Fall Art Series

**Mondays at 2 p.m.
through Nov. 24**

Sponsored by the Des Moines Art
Center Community Access Program

Game Nights

Oct. 16 & Nov. 20

4-6 p.m. at Starbucks in Indianola

302 E. Trail Ridge Ave.

Save the Date

Halloween Party at the Connection Center

Read more on our website and Facebook page

Meet Our Staff

Contact Laura
laura@cicil.com



Laura Gibson is the Executive Director of CICIL, joining the CICIL team as Director of Operations in January 2017. She comes from Candeo, where she coordinated the Project SEARCH program and served as an employment consultant. She worked with individuals to maintain their employment in the community. She has had a variety of experiences in the social services field, including job coaching, job development, coordination of residential services, providing respite services, case management, and direct care.

She is the former president of the board for Iowa APSE, former secretary of the Iowa Rehabilitation Association, sits on the Access Advisory Board for the City of Des Moines, is the secretary of the board for Fuse DSM, and is co-chair of the Fuse DSM Firestarter ambassador group.

Laura holds a Master's degree in Rehabilitation Counseling from Drake University and is a certified rehabilitation counselor and a licensed mental health counselor.