

CICIL CONNECTION CENTER CALENDAR OF ACTIVITIES AND EVENTS

JULY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>12:30-1:30 Model Train Workshop Session 1</p> <p>2:00-3:00 Cross Disability Support Group "What is Disability Pride Month?"</p>	<p>2</p> <p>CENTER CLOSED</p>	<p>3</p> <p>12:30-1:30 Model Train Workshop Session 2</p> <p>1:00-4:00 Game Day with Amy and Jenna</p>	<p>4</p> <p>CENTER CLOSED</p> <p>4th of JULY</p>	<p>5</p> <p>1:00-4:00 Movie and Popcorn</p>
<p>8</p> <p>1:00-2:00 Art Class by Des Moines Art Center</p> <p>2:30-3:00 Adaptable Exercise</p>	<p>9</p> <p>CENTER CLOSED</p>	<p>10</p> <p>1:00-2:00 Music Bingo with Better Care Insurance and Oak Street Health</p>	<p>11</p> <p>1:30-2:30 Cooking Group with Amy and Peggy</p> <p>2:30-4:00 Peer Choice</p>	<p>12</p> <p>1:00-1:30 Breath Work Workshop with Anytime Fitness</p> <p>2:00-3:00 Jester Park Environmental Education Program</p>
<p>15</p> <p>12:30-1:30 Model Train Workshop Session 3</p> <p>2:00-3:00 Cross Disability Support Group with Jenna</p>	<p>16</p> <p>CENTER CLOSED</p>	<p>17</p> <p>1:00-4:00 Game Day with Amy and Jenna</p>	<p>18</p> <p>1:30-2:30 Cooking Group with Amy and Peggy</p> <p>2:30-4:00 Peer Choice</p>	<p>19</p> <p>1:00-4:00 Movie and Popcorn</p>
<p>22</p> <p>1:00-2:00 Art Class by Des Moines Art Center</p> <p>2:30-3:00 Adaptable Exercise</p>	<p>23</p> <p>CENTER CLOSED</p>	<p>24</p> <p>12:00-1:00 Movement with Mike from Anytime Fitness</p> <p>1:00-4:00 Game Day with Amy and Jenna</p>	<p>25</p> <p>1:30-2:30 Cooking Group with Amy and Peggy</p> <p>2:30-4:00 Peer Choice</p>	<p>26</p> <p>1:00-4:00 ADA Anniversary Party!</p>
<p>29</p> <p>1:30-2:30 Accessible Yoga with Peaceful Practice Yoga</p>	<p>30</p> <p>CENTER CLOSED</p>	<p>31</p> <p>10:30-12:00 Des Moines Fire Department</p> <p>(THEY ARE BRINGING A FIRE TRUCK!)</p>		